Introduction to this Issue

Some time ago I gathered together the broken pieces of my favorite mug, a Christmas angel, gift plate from Italy, clustered pansies from a teapot lid, and saucer from the grandkids’ play tea set. Piece by piece, I glued them onto a piece of plywood. The mosaic took shape. Finally, I mixed the grout and smeared it over the mosaic, pushing it into the gaps between the pieces. During this process, requiring intention and energy, I pondered God’s grace holding together the broken pieces of my life. Later, as my twenty-year-old granddaughter admired the mosaic hanging on the wall, I asked her, “What is the grout in your life?” She answered slowly and deliberately: “Sleep. Solitude. Love.”

I’m asking you the same question. This issue is devoted to the theme of soul care. May you be inspired and informed as you commune with the Architect and Designer of your soul while exploring various types of grout shared by contributors. – Judy Palpant (judypalpant@gmail.com)
Silent Listening by Al Weir, MD

“And as he passed by, he saw Levi the son of Alphaeus sitting at the tax booth, and he said to him, ‘Follow me’” (Mark 2:14a, ESV).

Arnie was retired from his orthopedic practice and helping lead the retreat for Christian doctors. He did not know it would be he who would be changed. Based on Dallas Willard’s book *Hearing God*, the retreat speaker challenged his audience, “I want you each to take the next five minutes and just listen to the Lord in silence.” After three minutes of silent listening, Arnie heard God ask him in the silence, “How are you spending your time?” From that moment, Arnie’s life was rearranged.

Have we practiced the discipline of solitude and listening? At the end of our daily prayers, do we sit still a few moments and let God speak before we rush into our day or slip into our nightly dreams?

Who knows what God might tell us?

It’s actually a scary thought to think that God might rearrange our lives like Arnie, should we truly listen to Him. I’m not sure I’m ready for that. I know that, when Jesus spoke, James and John “…left their father Zebedee in his boat with the hired men…” (Mark 1:20, NIV 1984); and I know that Levi got up from his tax collector’s booth to follow Jesus into a rearranged life, but I’m not sure I’m ready for that. So, I’m not sure I want to stop my day for a few minutes at the conclusion of my usual requests and listen to what God has to say.

Dear Father,

Let me be still and listen.

Amen

Spiritual Formation for Healthcare Professionals

by Kenneth Lim, MD, PhD, MPhil, FASN

*God cares about our heart.*

This intensely personal, though simple, truth can at times be immensely difficult to grasp, particularly when it comes to the demands and culture of practicing healthcare in today’s society. Stress, long hours and the demands that students, residents and healthcare professionals endure can drastically affect the soul. We must speak of the pervasive problem of physician burnout⁴ as a movement of our healthcare sector in need of urgent change. The accumulative exposure to suffering, illness, abuse and neglect among our patients can easily tear the fragile reality of the human heart, if it is not concretely grounded with an ethic of
refusal and a maturity of intent to the renewing power of Christ. Limitations in time and the nature of medicine can tie the soul-searching healthcare professional behind the walls of an institution, foster feelings of isolation and steal away from Christian community. This can leave the necessary condition for continued life-giving relationships largely unmet.

The chief of a successful internal medicine program once shared with me during a casual conversation how a lifelong career in hospital medicine can be often unsustainable, and his plans for a major career shift and quick escape. Intertwined within the tangled depths of my heart, something just did not feel right about that conversation. I have always felt that there has to be something more than this for those of us who are called to be God’s hands and feet through our work in healthcare. In an institution overflowing with the sick and in need of a higher power, our response to these needs must not be solely a contented action that ignores the soul and our spiritual health.

When I was a medical student making that exciting transition into the clinical years of my training, the leader of my young adult fellowship who happened to be a clinical oncologist once wrote me a simple email that radically shifted the trajectory of my spiritual journey. It said,

“The decisions you make now about how you choose to live your life will form the foundations and shape and inform your spiritual walk with Jesus for the rest of your career as a doctor.”

The wisdom of these words set me on a wild journey to discover the secrets behind crafting a rule of life that will help sustain a lifetime of emotionally healthy spirituality in medicine.

THE ERA OF SPIRITUAL FORMATION

I love Rembrandt van Rijn’s 17th century painting of The Return of the Prodigal Son that hangs in the Hermitage Museum in Saint Petersburg, Russia. I can stare at this painting for hours, gradually identifying with each figure—the rebellious son, the dutiful older brother and the compassion filled father. However, something extremely comforting draws me to the father’s loving embrace of his son in this painting. The transformative love he displays looks beyond all the sins and disappointments of his son, and it shows a love like the love spoken of in 1 Corinthians 13 that could actually come to occupy the human heart. If only there was a way to constantly draw from an unending stream of this healing and restorative love, countercurrent from the often destructive waves of secularism and the demands of modern healthcare.

Tapping into such a heavenly reality wrapped in the true, loving embrace of our Heavenly Father takes more than just discipleship or a thorough exegesis of Scripture. A search for this transformative power took me on a journey across many oceans. In my journey, I found that humanity cannot be separated from the continued healing and transformative power of God if we are to live a life that cultivates intimacy with Him. Dallas Willard wrote, “The hunger of the human heart that is unfed by what is authentic will go for what is inauthentic.”

The demands and exposure of modern healthcare in the Western world threaten to dramatically affect our relationship with God and move us away from coming to Him in intimacy and prayer, if we are not consciously doing something about it. Thankfully, God wants to meet us wherever we are in life and in the depths of our struggles. We need to be continually formed, or really transformed, into the likeness of Jesus Christ. This is spiritual formation, a practice forged in response to the urgent need to attend to spiritual growth in modern day Christianity. Spiritual formation is about our continuing response to God’s grace and the Holy Spirit’s conforming power into Christ’s likeness. Spiritual formation helps transform the natural expression of our hearts to become that of Christ’s deeds.
and God’s redemptive purposes. While intellect and reason may illuminate profound theological insights, it is the engaged heart that discovers and experiences the things of God. Paul wrote, “I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love may have power...may be filled to the measure of all the fullness of God” (Ephesians 3:16-19).

Spiritual formation should be a culture of our hearts. Seminaries and churches throughout the nation are launching a trend of programs and movements in spiritual formation. The need for spiritual formation for ministry leaders is such a growing area that degree programs are now being offered in it. However, the intersection between spiritual formation and healthcare is a field that is still largely in its embryonic stage of development. Regardless, what can we learn from core disciplines in spiritual formation that can speak into the specific needs of healthcare professionals today? As a preface to spiritual formation, I have highlighted three essential spiritual disciplines and their applications for the healthcare professional.

**DISCIPLINE 1: POWER THROUGH SCRIPTURE AND MEDITATION**

Perhaps one of the most challenging seasons in my life was when I first started my residency training. A new city, a different environment and the demands of internship brought a radical shift to life. In an attempt to escape the pressures of the hospital for the first six months of residency, I used to drive out of the city deep into the mountains and read Scripture beneath the beautiful expanse of the starry hosts. It can be tough for the busy clinician to dive into Scripture with limited time, but it is an absolutely vital discipline that keeps us grounded and aligned with God’s truths.

Knowledge of Scripture cultivates a foundation for all other spiritual disciplines. It forms the authority of our declaration to be a hand of mercy to the sick, as well as our response to the humanitarian need for the opposition of silence in situations of human crisis. It is a potent power to bring restoration, healing and comfort. Scripture directs our path to repentance, a practice that not only begins our relationship with God but also deepens it. To meditate over Scripture is to allow the possibility of a God-inspired movement in our lives illuminated by the guidance of the Holy Spirit, to better serve Him through some of the most perplexing challenges we face in healthcare and life, for that matter. To know Scripture is to forge a new friendship for the healthcare professional.

**DISCIPLINE 2: DEVOTED TO PRAYER AND PRACTICING SOLITUDE**

I remember a particularly busy season during my residency training while working long hours on call on the medical floors and ICUs. One such evening while on call, I prayed that God would validate His Father’s love for me, for which Jesus paid such a high price. I had learned that such a prayer could bring a wave of encouragement during the demands of caring for the sick.

So on my way down to the hospital cafeteria, a gentleman I never met before came up to me and asked if he could share something. “Sure,” I responded, with an air of skepticism. He introduced himself and said, “I feel that God wants to say to you that He knows where you are in this season of your life, and where you are is where He wants you to be and He loves you!”
I was blown away! Something in me lifted, and a renewed strength poured over me in a wave of the Holy Spirit. Prayer often begins in the flesh, but it ends with the Holy Spirit that can intervene in any life circumstance or condition of the human heart.

God can invade our circumstances in every situation when we devote time in communion with Him through prayer and solitude. Our constant interaction around people, death and dying in healthcare can accrue corrosion to our souls if we are not constantly rejuvenated by Christ. In a place of prayer and solitude with Jesus, we find that inner sanctuary and experience the hands of God, stitching us up where we are wounded, restoring and redeeming that which was once lost. When we spend time with Jesus, courage and boldness grow in us. Jesus Himself responded to service, hardship and oppression away from people and being alone with God (Matthew 26:36-44). And sometimes, in the midst of our greatest pains with no one but Christ to accompany us in the wilderness, He can bring about the deepest transformation in our lives. Perhaps one of the greatest paradoxical tragedies we can inflict upon ourselves is to allow our Christ-oriented service to our patients steal away our time from Christ Himself. This would be a sweeping failure in our personal soul care.

I believe God wants us to let His love have authority in our hearts so we can be empowered to reach His people. Our Christ-ordained service in healthcare is not a charity, nor is it solely a humanitarian responsibility as members of a civil society. It is an authority and the divine power of Christ flowing through us so we can help connect people to a God who loves them. For some of us, the biggest problem stunting our growth and connectedness with Christ is another authority other than Jesus, such as entertainment or even our career itself. Communion with God, to ponder His Word and to welcome the transformative power of the Holy Spirit, allows us to rid ourselves from these other authorities. Only then can we fully translate the culture of heaven and the heart of the Father to those who are sick that we care for, and these are people who really need to understand His goodness.

DISCIPLINE 3: GOD-APPOINTED MENTORS AND FRIENDSHIPS
To have God-appointed Christian mentors at each stage of our careers in healthcare is to be a recipient of blessing on a pathway of wisdom. My PhD advisor played a significant influence in my walk with Jesus. He was a prominent academic nephrologist in England who deeply loves God. The first question he ever asked me during our first advisory meeting was who I thought Jesus was to me. Our subsequent meetings for the next few years were filled with a mixture of encouraging and exciting talks about Jesus, the Bible, science and medicine, plus, and most importantly, times of prayer together. As our extended collaborative team grew, others in our research group came to know Jesus as well. The brotherhood forged in our research team has been an incredible blessing, and while the Lord has taken us on different paths, we continue to meet up and pray for each other to this very day.

Having God-appointed Christian mentors who are walking the path of trusting Jesus and who can remind us of our original design in Christ when times get challenging is a priceless, life-giving treasure. And there is no tradeoff to the blessing that comes from a teachable heart in a mentoring relationship. In every new chapter of my life, I have found myself praying for God-appointed mentors as well as God-appointed friendships. God loves to play the guide in our relationships, and He brings to us the people we need in any particular season of life. Anointed mentors and anointed friendships are people who will dig a hole in a roof for you just so you can be near to Jesus (Mark 2:1-12). They help us protect our relationship with God and intercede for us in prayer when we find it difficult to. They are an integral part of our spiritual formation, as a significant part of our identity is belonging to the body of Christ. Authentic community always leads to Jesus.
OTHER SPIRITUAL DISCIPLINES

I love to sing songs of worship. After a busy day on call, I find worship to be rejuvenating and restoring. At its core, when we worship, we tell God how good He is, and His presence never fails to inhabit a place of worship (Psalm 22:3). Worship becomes a powerful force, allowing the ministerial work of the Holy Spirit to move when it becomes the constant undertone in our lives. A discussion of other spiritual disciplines, such as fasting and attending to our emotions, in the context of the healthcare profession is beyond the scope of this article, though they are pivotal to include in our prescription for spiritual formation.

I shall leave you with these final words: God is the author of your story. We are called to be faithful to the calling God has for us, whether that is in doctoring, dentistry, nursing or any other type of healthcare profession. But in order to live out the full calling He has for us, we must examine our hearts and walk a path of spiritual growth and wholeness in Christ that is by no means passive. Conforming to Christ’s likeness requires the same intensity and devotion, if not more, to the devotion and huge sacrifices many of us have placed to a career in healthcare. The opposition of grace is not effort, it is earning. And neither is a spiritual discipline a restriction, rather it is a weapon in the fight against spiritual slavery and emotional paralysis.

God wants to transform you from one glory to another, and He wants to meet you more than you could ever want to meet Him. In fact, He broke through the heavens to meet us just where we are. In the process of our spiritual formation, God rescues us from many of our bankrupt philosophies of life so that our ultimate treasure becomes Jesus Christ. Our identity and singular legacy in Christ then become evident.

What discipline in your spiritual formation is God calling you to develop in this season? Wherever you are in life, whether you are walking through a dark season, battling through the woes of medical school, residency or fellowship, engaging in the political strife as an attending or facing the uphill struggle for academic grant funding, remember this—God has never once forgotten you! He is intimately acquainted with every one of your needs. Jesus left us the Holy Spirit, and conviction from the Holy Spirit always leads us back to the Father’s arms of embrace. So often we are waiting on God, but God is actually waiting on us.

Editor’s Note: This article originally appeared in the fall 2018 edition of CMDA’s Today’s Christian Doctor. It is reprinted here with permission.

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Love Is Not Optional and Other Maxims by Cynthia Heald

Lessons Learned from Walking with God

- God’s Word is all the truth you will ever need.
- Freedom from self is a choice.
- Trust God even when it doesn’t make sense.
- You will never regret doing what is right.
- Love is not optional.
- Forgiveness frees the forgiver.
- Your circumstances do not dictate your character.
- God is enough.

At her 80th birthday party, Cynthia Heald shared these lessons via a bookmark given to each guest. She loves to share the Word of God and speaks frequently for church women’s retreats as well as national and international seminars. Among her 18 published books are a series of Bible studies appreciated by women around the world. She currently resides with her husband Jack in Arizona.
"There is a big difference between busy and hurry," writes Pastor John Ortberg. He writes, "Busy is an outward condition of the body. Hurry is an inner condition of the soul. Hurry is a preoccupation with self and our life, where we are unable to be fully present with God, with one’s self and with others.” Is it any wonder that Dallas Willard wrote: “We must ruthlessly eliminate hurry from our lives”?

Everyone and everything becomes an interruption or a distraction when busyness and hurry run rampant in our lives. Pastor Ortberg continues, “Busyness migrates into hurry, when we let it squeeze God out of our lives.”

Where is God in your life right now? Have you allowed Him to be “squeezed” out of your life? Does your schedule control you or are you in control of your schedule? J. B. Philipps translates Romans 12:2...

“Don’t let the world around you squeeze you into its mold.”

In Mark 6:30-32, Jesus’ disciples had just returned from a jam-packed time of ministry. In verse 30, we discover that they then gave a report to Jesus. Upon receiving their report, notice what Jesus did not say, “Well done! But, what are you doing here? Get back out there. There’s more ministry to be done.” Jesus didn’t hurry them off to the next assignment. No, that is not what He said or did. Here is what Jesus said and did...

“Come away by yourselves to a secluded place and rest a while” (Mark 6:31, NASB).

“They went away in the boat to a secluded place by themselves” (Mark 6:32, NASB).

How are YOU at doing nothing? Can you turn “it” off, whatever “it” is in your life? Can you dial “it” back a bit? Can you go out for a walk, take a drive, read a book, take a nap or take a vacation without feeling guilty? Or, do you always have to be “doing” something? Is that where you are finding your identity?

David writes in Psalm 23 about sheep. He writes that the sheep need a shepherd. He writes that the shepherd “makes” the sheep “lie down in green pastures” (Psalm 23:2, NASB). It doesn’t say, “He begs and pleads with the sheep to lie down.” No, that is left for parenting, when we are trying to put our little ones to bed at night. He also leads us “beside quiet waters” (Psalm 23:2, NASB).

WHY?

Because it “restores my soul” (Psalm 23:3, NASB).

Is it “bedtime” for YOUR soul? Where are YOUR “green pastures?” Where are YOUR “quiet waters?” Or are you too busy and in a hurry to pause just for a moment to seriously consider answering those questions on how you can “squeeze” Jesus back into your life?

Frank and Karen Mills serve with Youth Ministry International as Co-directors of Missionary Care. They have served as the YMI Director of Africa and have lived internationally since 1999 after serving in stateside ministry since 1977. In addition to their role as Missionary Care providers, Frank also serves as an international trainer in seminaries around the world and Karen is a Spiritual Director. They currently reside in Florida.
Assisting Medical Missionaries Through Sustainability, Stewardship and Service
by W. Jerry Murray, Director of Development - Msaada Architects

Forty years ago, Tanzania was commonly referred to as the land of “hamna”—Kiswahili for nothing. A war with Idi Amin’s Uganda, a closed border with Kenya and the socialistic experiment of Ujamaa had created one of the poorest countries in the world. Most staples, including manufactured goods, processed foods and fuel, were in short supply. A beautiful and resource-laden country and her people were struggling.

Despite these challenges—or possibly because of them—medical missionaries continued to serve with faith and perseverance in remote locations with romantic names like Makiungu, Dareda, Shirati and Bunda. These faith heroes saved lives and delivered the message of hope to many who knew only despair.

It was in this world that the non-profit global architecture firm Msaada was established. It continues to serve in East Africa, India and many other locations. Msaada, which means “assistance” in Kiswahili, is dedicated to assisting medical and other missionaries with all aspects of their built environments. The core values of sustainability, stewardship and service guide Msaada’s designs for patient wards, outpatient clinics, surgery units and all the diagnostic and support facilities necessary for a hospital campus.

Forty years ago, sustainability was not used as a catch phrase like it is today. At Msaada, we used the word “survival.” Designing buildings with a proper orientation to harvest natural ventilation and light, using locally produced and available materials, and employing solar and wind power were critical for ensuring a facility would be properly operated and maintained long after it opened. Today, we continue to focus on efficiently and effectively meeting fundamental human needs rather than on earning a “green” label.

At Singida Hospital, for example, we designed a very simple bio-gas plant to produce the methane used for burner fuel in the labs. Workers dug a deep hole in the earth, lined it with in-situ concrete and filled the hole with fresh cow manure. To capture the off-gases, a 100-gallon drum was floated in the fecal furnace and gases were piped to the adjoining lab spaces via plastic tubing. The Employee of the Month was the young lad who daily visited neighboring herds and collected droppings to replenish the supply. No one ever questioned his job security.

Stewardship is the second value and it should be inherent in our Christian walk. God is the owner of the earth, and He has given us responsibility to oversee the effective management of His creation.

In architecture, stewardship is about using resources well. Not only the material resources from which the building is built, but also the financial resources of the donor organization. Thus, Msaada’s architects and engineers have developed a keen eye for the effective use of space, choosing easily maintained materials and employing long-lasting construction techniques. Though the phrase “less is more” is attributed to Mies van der Rohe, who spent considerable energy producing simplistic detailing for expensive spaces, our ideal is to produce more building with less impact on the environment and financial resources.

Lastly, service is more than simply doing a job for another person. There will always be poor among us, according to Jesus. What Jesus did not explain is who are the poor? The servant or the served?

Serving others in the developing world can be a constant check between self-righteous gifting and pity. As a young missionary, I foolishly proclaimed that “these people” simply needed a paved highway, a phone system that worked or clean water, and they would have a better life. When “these people” became my friends and neighbors, I was soon humbled. Through their dignity and grace, they were the servants of my soul.
Service is therefore, reciprocal. A partnership. A sharing of skills and resources and lives for the betterment of each other as well as the betterment of the world.

At Msaada, our mission is to assist through design and dignity— to achieve sustainable design principled with good stewardship provided through the dignity of service.

*Msaada Architects, Inc.* is a non-profit professional services organization committed to the improvement of the human condition. Over the course of nearly 40 years, Msaada has created over 1,000 projects which today serve the church and humanitarian organizations in over 48 developing countries worldwide.

W. Jerry Murray, architect, began his career with Msaada Architects in 1989. After spending eight years in East Africa and completing projects in seven different countries in Africa and Asia, Jerry returned to the U.S. to practice architecture. In 2002, it was Jerry’s distinct honor to be the architect for the world headquarters of the Christian Medical & Dental Associations in Bristol, Tennessee. Recently, Jerry has once again joined Msaada as their Director of Development.

To find out more about Msaada and how we might assist your next development project, please contact Jerry at wjmurray@msaadaarchitects.org.

“I heartily endorse Msaada. They helped us build numerous projects at Tenwek that were well designed and cost engineered— high quality at a reasonable cost. When we decided to build CMDA’s headquarters in Bristol, I immediately called Jerry and asked him to be our architect though he was based in Ohio. Not only was our building built on time and within budget, but it also won all four awards given annually by the Southeast Building Association. That had never happened before in their history. Those included accolades for our building’s design and cost per square foot. You can’t work with a better group than Msaada!”

— CMDA CEO David Stevens, MD, MA (Ethics)

**Announcements**

**New Medical Missionary Training**
The days are quickly passing, so it will soon be time for our next pre-field training class scheduled for August 1-4, 2019 at CMDA headquarters. If you know of someone who will soon be heading to the field for the first time, we would love to have them join us. Information and the registration form are at [www.cmda.org/missionarytraining](http://www.cmda.org/missionarytraining). For answers to questions, please contact Susan Carter at cmm@cmda.org.

**Global Missions Health Conference**
Registration is now open for the November 7-9, 2019 Global Missions Health Conference at Southeast Christian Church in Louisville, Kentucky. *Registration costs increase on June 29. I hope to see many of you there.* — Susan Carter

**Remedy West**
On October 5-6, 2019, a dream comes true. CMDA will launch its first REMEDY West medical missions conference at California Baptist University in Riverside, California. Students, please take advantage of this remarkable event. Healthcare professionals, you will be challenged in your faith and vision no matter where you are on your career path. You will also have a delightful opportunity to meet and talk with perhaps hundreds of your future colleagues as they consider how God wants to use them to embrace the remedy for physical health and eternal life throughout their careers.
Please mark the dates on your calendars, phone, computer, pads and paper for October 5-6, 2019. We’ve planned this conference schedule so you can avoid SoCal Friday afternoon traffic. Plus, we’ve left both Saturday and Sunday evenings open for travel, other events in your life and time to study, should you feel the need.

We will send you promo videos monthly to introduce different speakers along the way. Watch our first video here on our website and make plans to join us next October 5-6, 2019.

Alongside’s MedRetreat Program

June 23-July 3, 2019
Alongside’s MedRetreat is a 10-day program designed specifically for healthcare professionals serving cross-culturally. In addition to daily plenary sessions on critical topics, group debriefing/counseling and personal counseling sessions, there will be plenty of opportunity to unplug, relax and enjoy ALONGSIDE’s beautiful campus. We encourage spouses to come as well!

Why Do I Need a Retreat?
Our counseling-centered retreat offers you a place to refocus, recharge and be renewed. If you are a medical professional in a taxing cross-cultural working environment, MedRetreat will equip you with practices and skills that help you restore and maintain resilience. If you feel fatigued and unmotivated, you will find a restorative environment among people who really get you and will walk with you toward more joy and energy. If you feel stressed after seeing trauma day after day, or have been personally impacted by trauma, MedRetreat will help you start making sense of what is happening to you and discovering what your body and soul need to rebound. If healthcare work is affecting your closest relationships and you find yourself reactive or numb, MedRetreat will help you find strategies to restore connections.

What is the Cost?
Investing in your well-being, your marriage and your sanity simply makes sense and...you are worth it! MedRetreat offers a tranquil, peaceful setting that complements our program. Our 125-acre campus is one of the most beautiful and relaxing pieces of property in Southwest Michigan.

The cost is $2,750 per couple or $2,050 per individual, which includes at least 12 plenary sessions, seven group sessions, six individual counseling sessions per person and accommodations.

Who is Running the Retreat?
All of Alongside’s qualified staff are fully licensed and professionally trained, and they have many years of experience. They understand the challenges faced by healthcare professionals in cross-cultural settings and they are prepared to help.

The 2019 MedRetreat will be headed up by Stan Haegert, MD, who has been in practice for 30 years in both the U.S. and in the Gambia (family medicine). Stan currently serves as Associate Director of CMDA’s Center for Well-Being.

Stan is a burnout survivor who has a surplus of knowledge to share. Stan and his wife Deb, who will also be leading training seminars, are frequently asked to conduct training for promoting wellness among healthcare professionals.
Complete information and registration opportunity is available at https://www.alongsidecares.net/our-programs/medretreat/

Christian Health Service Corps invites you to the following training programs offered at CHSC headquarters in Northeast Texas:

**June 17-22:** Global Health and Tropical Medicine Overview  
**July 10-13:** Disaster and Refugee Response: Global Principles and Practice  
**August 26-30:** Community Health Evangelism Training of Trainers 1  
**September 19-21:** Cross-Cultural Healthcare Education: Global Principles and Practice (co-sponsored by CMDA MEI, PAACS, CAAP, IHI)

Continuing education available for most programs.  
For more information and registration see www.healthservicecorps.org/training.