IDEAS & RESOURCES

THRIVE, DON'T JUST SURVIVE

Resources to help you and your CMDA chapter grow and mature in your relationship with Christ
CONTENTS

• CMDA STUDENT CHAPTER RESOURCES

• TYPICAL CMDA STUDENT MINISTRY

• CAMPUS MENU

• STUDY GUIDES & HOW TO USE THEM

• DVDS, CDS, BOOKS and MORE

• SUGGESTED SPEAKER TOPICS
CMDA Student Chapter Resources

CMDA’s student chapter resources will help you lead an effective student ministry and make an investment in your life personally, spiritually and professionally.

CMDA Mobile App – Is now available for your mobile device. Simply download from your device’s app store and start taking advantage of our great resources. It’s also a great way to share CMDA with your friends and colleagues. Get daily inspiration and encouragement. The “365” is updated daily with Scripture verses, inspirational thoughts, encouraging quotes and more specifically designed for Christians in healthcare.

Also listen to Christian Doctor’s Digest on the App – This is a monthly audio magazine featuring guest interviews over some of the more salient issues in healthcare from a Christian perspective.

Also on the app is the NEW CMDA Student Pulse Podcast – The CMDA Student Pulse Podcast features relevant and engaging conversations on the intersection of life, medicine, and faith.

By connecting with CMDA’s Student Life, you gain access to all the many resources we have designed to help you and your leadership team effectively lead your campus ministry. We encourage you and your leadership team to be members of National CMDA. Join CMDA and begin to immediately find the help you are looking for.

Campus Leadership Training Webinars – One-hour interactive sessions specifically designed to help CMDA student leaders effectively develop and lead CMDA campus ministry. Session topics include: planning campus ministry, resources, selecting and orienting new leaders, typical campus calendar, campus outreach ideas, mission trips and much more. These interactive sessions include “live” questions from you. Our goal is to equip student leaders to carry out God’s vision for your campus. These webinars are offered three to four times a year. Access previous sessions.
Life Skills Institute – In college, you focus on medical and dental school admission. In medical and dental school, you focus on getting into a residency or a prime practice. In residency or during your early years in dentistry, you hone your skills. When do you prepare for life? Life Skills Institute is for what they don't teach you in medical or dental school. These sessions cover finances, relationships, practice and life. Use these sessions in your small groups or view them for personal growth and education.

National Student Community – The NSC encourages CMDA students from across the United States to stay connected and to help shape the future of CMDA and influence the culture of healthcare.

National Resident and Fellow Council – The NRFC is designed to mentor and empower Christian residents by assisting them to connect with Christian residents from around the country, connect with the CMDA community in their new city, further develop leadership skills, share “best practices” toward improving ministry to their colleagues and patients and shape the future of CMDA.

Summer Healthcare Opportunities – CMDA has compiled a list of sites where you can learn first-hand how to integrate your faith into patient care from doctors serving among the underserved in the United States and overseas. These short-term opportunities are ideal for first or second year students seeking a practical summer educational experience.

Center for Medical Missions – CMDA’s Center for Medical Missions has some excellent resources to encourage your interest in healthcare missions:
- **Your Call** – A number of healthcare students express interest in serving as missionaries but few actually apply. Your Call quarterly e-newsletter was created to encourage students to stay focused on serving throughout their training years. Each issue includes advice from CMDA’s Chief Executive Officer and former healthcare missionary, David Stevens, MD, about working in creative access countries. Click **here** to subscribe and read current or archived issues of Your Call.
- **International Clinical Rotations Handbook** – This is a vital resource for students considering a fourth year international elective rotation. This handbook is designed to answer many of your questions such as: Where can I find information about doing an international elective rotation? When should I start preparing? Where are mission agencies and locations that are qualified to preceptor an American healthcare student?
CMDA’s Student Life Facebook will keep you informed on all the information you need to have an effective student ministry. Keep your group informed about the latest webinars, blog entries, discussion forums, events, latest news from the healthcare field, mission trip opportunities and scholarships.

CMDA Student Life Social Media platforms – also follow CMDAstudentlife on Instagram and Twitter to get the latest news, information and to stay connected with other students in CMDA.

Student Welcome Packet – Your Student Activities Fair offers your CMDA group an opportunity to introduce new students to CMDA. But what resources and information do you offer at your table? CMDA has a Student Welcome Packet packaged with all the materials and resources you need to inform new students about CMDA’s national ministry. Add your own information such as the location and frequency of your meetings, a sign-up sheet and you are set!

Today’s Christian Doctor – This journal is available for you online for free as part of your CMDA membership. Articles in CMDA’s quarterly journal may also provide for stimulating discussion “starters.” Simply download from the link sent to you each quarter and create your own discussion questions based upon the content. Most issues include timely articles covering current ethical issues and the spiritual, personal and practice challenges facing healthcare professionals and students.

Conferences

- Global Missions Health Conference, November 9-11, 2017. Host church will provide housing if you plan ahead. Details: www.medicalmissions.com (web site is great resource BTW)
- CMDA Annual Meeting and National Student Community, www.CMDA.org/nationalconvention
NEW Online CMDA Curriculum Portal

We have just launched the online curriculum portal with RightNow Media. At this online portal, you will be able to access on the landing page CMDA curriculum, video sessions, downloadable Bible Studies and a whole host of resources. In addition to the strategic resources on the CMDA landing page, you will also have access to over 18,000 videos and bible studies from the RightNow Media library. Access to this site is FREE to students. For access to it, please contact ccm@cmda.org to request an account.
A TYPICAL CMDA STUDENT MINISTRY

CMDA has developed a relatively simple but effective model for healthcare ministry.

Inward Focus: Student-led Bible Studies and/or Special Speakers
Purpose – The primary purpose of your campus CMDA ministry is to create a faith community where Christian students can grow in their faith during the healthcare training process. The typical CMDA meeting uses a combination of book and topical Bible studies, which help ground students in God’s Word as they prepare to face the tough moral and ethical issues in healthcare. In addition, we recommend periodically inviting faculty and local practitioners to speak on topics, which highlight the integration of faith and practice. This gives students exposure to important role models demonstrating what it looks like to bring Christ into healthcare. However, we discourage using outside speakers every week because it infringes on the development of community among students. An interactive student discussion over the application of God’s Word to issues in healthcare and in life develops community, spiritual growth and a vision for how the gospel might impact patient care and one’s career in healthcare.

- CMDA On-Campus – Some campuses organize the discipleship phase of their ministry with a combination of on-campus and off-campus Bible studies. The advantage of having weekly or even a periodic on-campus meeting is to make your CMDA ministry as accessible as possible for Christian or non-Christian students, who may never consider attending an off-campus location.
- Evening Meetings – Washington University hosts their meetings on Monday evenings, allowing third and fourth year students in clinical rotations and other healthcare students (physical therapy, physician assistant, pharmacy, nurses, etc.) to participate. Evening meetings may also provide local healthcare professionals and their spouses the opportunity to host home meetings, creating opportunities for informal mentoring.

Outward Focus: Campus Outreach (Event Evangelism)
Consider developing an outreach event with a special speaker on topics of general interest to all students by faculty, local healthcare professionals or guest speakers. We find this to be one of the most effective ways to create opportunities for the gospel on an academic campus. By using a respected and credentialed speaker, the normally skeptical listener has more reason to give credibility to the content of the presentation. By clearly publicizing the event as sponsored by your campus CMDA, non-Christian students who attend won’t be surprised when hearing a Christian worldview on the topic.

The success of event evangelism is dependent on the intentional development of friendships with non-Christian students prior to the event so that they are more likely to respond favorably to an invitation to hear a guest speaker. After the event follow-up is critical as Christian students engage their friends with questions about what was presented by the speaker, creating an opportunity for a spiritual conversation. A question as simple as, “What did you think about Dr. Patrick’s presentation?” can open doors to more significant conversations.

Be sure to include a period of announcements prior to the presentation or at the conclusion to publicize your Bible studies for students who may be interested in knowing more about your CMDA group and your activities. If your budget will allow, offering food as an extra incentive will always help draw students. Frequency is dependent on your leadership team, availability of speakers and budget. Some campuses organize speaker events like this for the first several weeks of each semester to help build momentum, interest and attendance. Other campuses offer speaker events one or two times each semester.
CAMPUS MENU

Your campus program should be built upon an inward focus (discipleship) and an outward focus (campus outreach). The Campus Menu will help you develop a nourishing spiritual diet for the Christian students in your group while helping you engage your campus with a Christian worldview through the use of special speakers or other methodology. The graphic below gives your student leadership team five categories to choose from in creating a varied and balanced campus ministry.

Consider planning your campus program from the menu above. Draw from each category throughout your academic year. We suggest interrupting a study guide series with another category as a break. In that way, your schedule remains dynamic and more stimulating to students whose interests are varied.
Why Use Study Guides?

1. Inexperience – Most students have never led a Bible study or they have little experience. Study guides actually teach you how to teach by incorporating good teaching methods into each lesson. Further, the study guide provides you with the benefit of studying a topic or book of the Bible with an experienced teacher (author of the study guide) who has poured hours into research. Your study is enhanced and you get the help you need.
2. **Time Constraints** – Good intentions may have motivated you to sign-up to teach one of the week’s Bible studies, but exams or class preparation may now threaten to reduce the quality of your Bible study. A study guide helps busy students maintain quality regardless of the unforeseen intrusions into preparation.

3. **Avoid Controversy** – Ad hoc Bible studies in which the student assigned for the week chooses the topic is inviting disaster. Not only is quality control at risk, but the student may feel “called” to set the rest of his fellow students straight on some side issues, or he may present the issue in such a way that it offends needlessly. Study guides help you control the agenda and shape the way issues are introduced so that the essential truths of the Bible are central.

4. **Discussion Focused** – After hours of lectures, students should look forward to a CMDA Bible study in which they can interact with the Word through self-discovery and then share their thoughts with one another. With study guides, the leader facilitates discussion and movement through the lesson rather than offering one more lecture. The results may be life changing. Research has shown that a student is more likely to make life-changing decisions through a self-discovery and discussion approach.
CMDA STUDY GUIDES
CMDA study guides will introduce you to the many issues in healthcare from a biblical perspective.

Whispers: A Daily Devotional for Healthcare Professionals
In the midst of a chaotic and hectic life filled with responsibilities and distractions, are you listening for God’s voice? Can you even hear His voice over the roar of everyday life? In this CMDA resource from author, oncologist and CMDA member Al Weir, MD, you will learn how to stop, pay attention and listen for God’s whisper as you seek to follow His will. This is a great resource for discussion over lunch or when time is limited.

Living in the Lab Without Smelling Like a Cadaver
Medical and dental training as well as practice has proven hazardous to spiritual health. If you are looking for a mentor to help you be a faithful follower of Christ in the less than supportive environment of healthcare, look no further than the life of Daniel. This study includes individual and group discussion questions.

Medical Ethics: A Primer for Students
Medical and dental ethics are about “doing the right thing.” Sounds simple, but it’s not. Most medical and dental schools include the study of ethical issues in their curriculum because of the recognition that modern healthcare generates lots of “should we?” questions. However, the healing professions have become thoroughly secularized in the last few generations and students of all ages, in all of the healing professions, need a sound Christian foundational understanding of how to answer such questions.

Spiritual Issues & Choices in Dentistry
How is one’s faith integrated into dental school and dental practice? How does it impact one’s professional and personal choices? A series of essays from a group of dentists offer solid answers from their experience as students and from their days in practice. Issues discussed include determining a practice location, the Christian dentist’s obligation to the poor, foreign and domestic missions, financial issues, the role of the spouse and much more.

Practice by the Book
Drawing from years of patient care and the experiences of more than a dozen of their colleagues, Drs. Weir and Rudd have created a compendium that teaches students and healthcare professionals how to approach the practice of healthcare guided by biblical principles. This book is complete with discussion questions for individual and group study and covers the waterfront of life: professional to personal, character to money, caring for the poor to caring for your family.

Progress Notes: A Bible Study for Medical Students & Residents
A 12-session Bible study primarily for students and residents navigating through medical training and spiritual formation. Developed by CMDA Campus Advisor Jane Goleman, MD (Ohio State University), topics include expectations, purpose and meaning, delayed gratification, entitlement and more. This is a great resource for faculty and healthcare professionals who want to integrate their faith into practice. The appendix includes 12 devotions on the same topics. Available as a Kindle download from Amazon.

Health Care Bible Study
A topical Bible study based on today’s healthcare issues which also includes a study guide. Contact the Midwest Office for a free download.
A Doctor’s Guide to Practicing Kingdom-Based Medicine
C.S. Lewis describes kingdom-life as leaving behind “advance echoes of another world.” When we treat people as made in the image of God, we communicate that there’s another world beside this one, a world where justice, love and righteousness rules. This world is the kingdom of God and it should be in evidence as you relate to fellow students and later as you treat patients. This discussion guide will examine five qualities of kingdom-based healthcare. Available through the Midwest Office.

BIBLE STUDY GUIDES
Healthcare is in essence a moral enterprise requiring ethical fortitude and pure motives. Bible study is an essential component in this process by contributing to a student’s spiritual maturity—equipping the student to discern good from evil and enabling the student to apply biblical principles to the challenges of personal and professional life.

While CMDA's study guides deal with issues in healthcare from a biblical perspective, for resources that are designed for Bible study, we recommend: IVPress, NavPress or CRU (Campus Crusade). Check out the links below for a selection of Bible study guides organized by book of the Bible or topic:

- **CRU** - [http://crupressgreen.com/cru-comm/](http://crupressgreen.com/cru-comm/) (CRU’s target audience is undergrad students, so you may need to adjust the content for your group.)

STUDENT SELECTED TOPICS
What issues do your fellow students want to discuss or hear from a live speaker or on a DVD? Students need to know that their concerns will be reflected in your program at some point. We suggest handing out 3 x 5’s periodically to allow students an opportunity to tell you what’s on their minds. This data will help you choose from among CMDA’s Discussion Guides, Bible Study guides, or Speaker topics to respond to those needs.

SPECIAL SPEAKERS
Another way in which you can add variety to your program is to schedule healthcare professionals into your weekly meetings. Students long to hear from healthcare professionals who have made it through the training process with their faith intact and actively model a Christian lifestyle in healthcare. Perhaps some of the student suggested topics can be addressed by guest speakers.

DVDS, YOUTUBE, FACEBOOK, and CD RESOURCES
Many student groups use of DVDs, YouTube, Facebook and CDs as a creative way to communicate truth and introduce powerful discussions. Contact the Midwest Office for a list of DVDs and CDs available on loan.

I’m Not A Fan DVD Small Group Discipleship Series
If Jesus were to sit down with you right now and have a DTR (Define the Relationship) conversation, how would you respond? Are you truly His follower or just a fan—or perhaps someone who doesn’t even care about the difference? *Not A Fan* invites you to make Jesus not merely the object of your admiration, but the very center of your life. This small group discipleship pack contains a leader's guide, two-disc DVD and follower's journal. Available through Amazon or borrow from the Midwest Office.
The Gospel in Life DVD Small Group Discipleship Series
The Gospel in Life is an eight-week small group bible study by pastor and author Tim Keller exploring how the gospel can change your heart, community and how you live out the gospel in your world. The Gospel in Life DVD, features eight 10 to 15 minute teaching sessions from Tim Keller, while the Participant Guide is filled with helpful discussion starters, video overviews, a helpful Leader’s Guide and 230 pages of content designed to help you learn and process. Both are included in this pack. Available from Amazon or borrow from the Midwest Office.

Agenda 5:15 DVD Small Group Discipleship Series
Rick Donlon, MD, an inner city physician and CMDA campus advisor, wrote and produced this challenging DVD series. Taking its name from 2 Corinthians 5:15 (“And He died for all, that those who live should live no longer for themselves but for him...”), Rick challenges medical and dental students to avoid the counterfeit version of discipleship and the American dream of professional attainment and materialism as a substitute for genuine discipleship. Ten sessions, each 8 to 12 minutes long, provide time for discussion over a noon hour or an evening study. (Suggested discussion questions are available upon request at ccm@cmda.org or from the Midwest Office).

The Prodigal God DVD Small Group Discipleship Series
Tim Keller opens our eyes to one of the most powerful parables Jesus taught: the parable of the prodigal son. Two sons, one who kept the rules religiously and one who broke them all. One father who loved two lost sons beyond anything they and we could imagine. This six-session study comes with a discussion guide which includes questions for group discussion, a DVD containing a full 38-minute presentation of the parable by Tim Keller for session one and short two to three minute clips for the remaining five sessions and an optional book which gives more depth and content to draw upon for the leader. Available from Amazon or borrow from the Midwest Office.

Bridges: Christians Connecting with Muslims DVD
Bridges is a small group study designed to help you connect with your Muslim friends. This six-session DVD small group study provides biblical teaching about Islam and what Muslims believe, opening the door for better understanding between the religions. Since 9/11, the image of Muslims evokes fear and mistrust in Americans. Yet, Jesus teaches compassion and challenges His followers to love our neighbors as we love ourselves.

Doing the Right Thing DVD Ethics Series
Chuck Colson’s DVD series explores the ethical and moral breakdown that is assaulting our culture from all sides. Through panel discussions, interviews and student questions, this video study hosted by Brit Hume (Fox News) raises ethical issues in a compelling and fresh way, stimulating thought, discussion and action. The six DVD sessions and accompanying study guide encourage participants to examine themselves and how ethical and character issues relate to their lives during their medical and dental training years and in practice. Available on loan through CMDA.

The Privileged Planet DVD
Explores a startling connection between our capacity to survive and our ability to observe and understand the universe. Is this correlation merely a coincidence? Or does it point to a deeper truth about the purpose and intelligent design within the cosmos? If your audience is a mix of Christians and non-Christians, consider using The Privileged Planet. It provides fantastic visual effects and interviews with scientists that will prove thought provoking without offending non-Christians.

Unlocking the Mystery of Life DVD
Darwin argued that life on the earth was the product of undirected natural processes—time, chance and natural selection. However, according to biologist Michael Behe, when “you look at the incredible complexity of life, inevitably the question arises—what brought all this into existence?” This DVD tells the story of contemporary scientists who are advancing the theory of intelligent design.
More Than Meets the Eye DVD
Dick Swenson, MD, deals with both the cosmos and the human body through narration, mathematics and special effects to reveal a God who is brilliant and wise, powerful and precise. This is clearly a voyage into the wonders of a sovereign God and His creation of the universe and the human body. If your audience is primarily Christians, they will find this DVD to be a real blessing in strengthening their confidence in God's sovereignty and power.

Grace Prescriptions Live Seminar and DVD Curriculum
This resource is designed to teach you to share your faith with patients in ways that safeguard the important ethical principles of respect, sensitivity and permission. Originally taught in CMDA's popular Saline Solution course, these concepts are proven to be effective as thousands of lives have been transformed. Grace Prescriptions builds on this legacy. Co-written and taught by co-authors Walt Larimore, MD, and William C. Peel, DMin, we encourage you utilize this resource to learn how God can use you to dispense Grace Prescriptions. This series is available through CMDA or on loan from the Midwest Office.

Atonement (YouTube) – ER Television Episode
Dr. Truman, a prison physician, is dying of cancer. In this segment he meets with a hospital chaplain and pleads with her to help him find forgiveness. A powerful reminder of the inadequacy of the world's answer for forgiveness and the need for students and practitioners who know the truth to be prepared to share it with patients. “God tried to stop me from killing an innocent man, how can I ever hope to find forgiveness.” A great video intro for discussion. What would you say to a patient pleading for answers to some of life's most important questions? Would you refer that patient to someone who may not know the gospel? Are we only responsible for providing healthcare? What does God expect from us?

“If We Could See Inside Other People’s Hearts” (Facebook) – Cleveland Clinic Video
There is a story behind the masks that we all wear. It is important to see people with the eyes of Jesus—as He saw them...hurting, fearful, seeking—and to extend love and compassion toward others. Produced for healthcare professionals, it is a powerful reminder to look behind the faces we see and remember that everyone has a story, a burden, a need.

Tough Questions
Tough Questions is a small group discussion series dealing with challenging questions about Christianity. With a style that is disarmingly honest, critical questions are explored from the viewpoint of the skeptic. We think you'll find this series refreshingly candid in surfacing some of your questions. But you will also find reasonable answers that will strengthen your personal faith and help prepare you for discussions with your seeking friends. (Adobe file download available from the Midwest Office).

Practice by the Book Audio CD Set – Al Weir, MD, and Gene Rudd, MD
This 10-disc set covers 10 different topics (one session per disc) from the book by the same title. Single sessions vary in length from about 16 to 27 minutes and are narrated variously by Dr. David Stevens, Dr. Gene Rudd or Dr. Al Weir. Sessions covered are: Marriage & Family, Our Spiritual Foundation, Our Testimony, Developing Your Character, Clinical Practice, Managing Money, Practice of Compassion, Missions, Ethics and What in This World is a Christian Doctor.

Global Short Film Project
The Global Short Film Project uses contemporary short films and discussion questions to help you start conversations that center around Christ. You can download the movies, share them on Facebook, Twitter, blogs and websites or purchase a DVD. Students, teachers, professionals and churches in 76 countries are using the films.
CMDA SPEAKERS BUREAU DVD SERIES
Just Add Water – Instant CMDA Meetings

**Just Add Water Volume 1.1**
Sessions 1 & 2 – *Marks of a Christian Doctor* featuring David Stevens, MD – This informative DVD will help answer questions such as: What is the difference between a doctor and a Christian doctor? Is it just belief in Christ as their Savior or is it more? Dr. David Stevens looks at the characteristics Christian doctors demonstrate setting them apart from their non-Christian colleagues. This two-session DVD will help you identify the marks of the Great Physician and learn how to incorporate them into the practice of healthcare.

**Just Add Water Volume 1.2**
Session 1 – *Is There a Place for God in Medicine?* featuring Al Weir, MD – This session explores a topic that lies at the center of the task to care for those who suffer. Even if you are not a person of faith—when your patients are seriously ill, most of them will cry out to God for help.

Session 2 – *Communicating Bad News* featuring Al Weir, MD – Session 2 explores the methods used to communicate news to a patient that may not be well received. As physical, psychological, emotional, social and spiritual people, we as healthcare professionals and fellow humans are responsible for the whole person.

**Just Add Water Volume 2.1**
Session 1 – *Four Levels of Happiness* featuring John Patrick, MD – This session explores how everyone wants to be happy, but what is happiness? Has modern society lost all understanding of the true meaning of happiness? Dr. John Patrick, adapting original thoughts from Gonzaga University's Robert Spitzer, presents his analogies on happiness at each level leading to level four, the ultimate level that does not end.

Session 2 – *Hippocrates and Medicine in the Third Millennium* featuring John Patrick, MD – For most people, Hippocrates is a shadowy figure somehow connected to the ethical practice of medicine. They find comfort in thinking healthcare professionals are committed to the ethical standards of the Hippocratic Oath. Unfortunately, the truth is very few take the oath and many argue its relevance to today’s society.

**Just Add Water Volume 2.2**
Session 1 – *Myth of Moral Neutrality* featuring John Patrick, MD – Dr. Patrick explains why he believes the idea of moral neutrality is “a figment of the liberal imagination.”

Session 2 – *Much More Than a Baby Dies In Abortion* featuring John Patrick, MD – This session speaks to the fact that agreement about abortion is clearly impossible in our society, but do we still share a large degree of moral consensus? Dr. Patrick proposes the central question is not abortion, but how to decide if an action is medically ethical. Hear his views on the rationality of both sides of the issue and the consequences that have incurred through the legalization of abortion. Does law without transcendent roots express power more than justice?

**Just Add Water Volume 2.3**
Session 1 - *Why Ethics Courses Do Not Make Us Ethical* featuring John Patrick, MD – Dr. Patrick explains why moral relativism has made ethics courses so unsuccessful in medical universities today. Session 2 - *Why There Are No Hittites on the Streets of New York* featuring John Patrick, MD – Why did the Hittites civilization not survive? Dr. Patrick teaches that virtue is necessary in maintaining a flourishing culture.
Just Add Water Volume 2.4
Sessions 1 & 2 - Sermon on the Mount 1&2 featuring John Patrick, MD – Knowledge, skills and attitudes are the guidelines for the evaluations of medical students by universities, but shouldn’t character be measured as well? Jesus described what is needed in building character when He taught on the mount. Dr. Patrick takes us through the Beatitudes with an in-depth picture of how we might become salt and light to a dying world.

Just Add Water Volume 2.5
Session 1 – Decision-Making in Clinical Ethics featuring Robert Orr, MD – Modern healthcare involves many medical and ethical decisions for professionals, patients and their families. Does being a Christian make a difference? Sharing personal experiences, Dr. Orr cautions professionals in their assessment of a patient’s quality of life merely by looking at their physical situation.

Session 2 – Is Physician-Assisted Suicide Ever Justified? featuring Robert Orr, MD – Should physician-assisted suicide be legalized as it is in Oregon? Should we follow the Dutch in their legalizing of euthanasia? As you will learn from this lecture, Dr. Orr’s passion for following a “Code of Ethics” derives from his knowledge and understanding of the quality and sanctity of life.

Just Add Water Volume 2.6
Science and the Sovereignty of God featuring Richard Swenson, MD – Because you are a person of science, must you abandon your faith? Explore with Dr. Richard Swenson ways science can actually strengthen your faith by looking first at the universe within us in terms of the science of biology and human medicine, and then explore the science around us including the new physics.

Just Add Water Volume 2.7
Session 1 – Faith Factor in Physical & Emotional Disease featuring Walt Larimore, MD – How should clinicians respond to patients? What does the evidence say?

Session 2 - Should Clinicians Incorporate Positive Spirituality into their Practices? featuring Walt Larimore, MD – Should clinicians incorporate positive spirituality into their practices? Find the answers to these questions and more in this DVD

Just Add Water Volume 3.1
Sessions 1 & 2 – Christian Apologetics for Health Professionals DVD featuring Robert Martin, MD – Ministry involves both evangelism and apologetics. Apologetics (pre-evangelism) removes obstacles to faith using both special and general revelation. It reasonably explains why objections to Christianity are groundless and seeks intellectual agreement on vital issues that must be acknowledged before the gospel can be accepted.

Just Add Water Volume 4.1
Session 1 – The Benefits and Challenges of Mentoring featuring Inis Bardella, MD – Dr. Bardella begins this presentation by asking the question, “Why be a mentor?” She continues her talk by addressing the qualities and tasks of a mentor. Who and how are important questions, and she gives input from her personal experience. Her passion for mentoring comes across as she speaks about the benefits and challenges of mentoring.

Session 2 – Who Says You Can’t Do It All? featuring Elisa Ghezzi, DDS – Far too often healthcare professionals are expected to do it all. Their careers demand a heavy workload, and the status of the profession propels healthcare professionals into important leadership roles in their communities. There is a price to pay. Dr. Ghezzi talks about burnout and the cost of trying to do it all.
Session 1 – *Achieving Balance in Life* featuring Autumn Dawn Galbreath, MD, MBA – God calls us to an equitable and harmonious distribution of ourselves in multiple areas of our lives. We need to be focused on Him and His scales, rather than the world and its scales.

Session 2 – *Am I Living With Joy in My Life?* featuring Al Weir, MD – God wants us to live with joy in our lives; however, today, healthcare professionals face pressures from many sources that can rob them of the joy of Christian living. As Christians, we are followers of Christ who happen to be healthcare professionals, not healthcare professionals who happen to be Christians. We must discover our mission in life and not allow distractions to rob the joy.

Session 1 – *Human Trafficking: An Overview* featuring Jeffrey Barrows DO, MA (Bioethics) – This series presents a basic level of knowledge about human trafficking, both domestic and international. True stories illustrate how a person can be caught-up in trafficking. The Trafficking Victims Protection Act is discussed along with barriers that prevent the finding of victims.

Session 2 – *Human Trafficking & the Health Professional* featuring Jeffrey Barrows DO, MA (Bioethics) – This session will help the healthcare professional learn the important role they have in finding victims of human trafficking. The health consequences of human trafficking are discussed and warning signs that a patient may be a victim. Clear and definite steps are given to the healthcare professional regarding how they should prepare themselves to intervene should they encounter a trafficking victim in their practice or in an overseas environment.

*Practice by the Book DVD Set* – Gene Rudd, MD & Al Weir, MD
This 10-disc set covers 10 different topics from the book: one session per disc. Single sessions vary in length from about 16 to 27 minutes and are narrated variously by Dr. David Stevens, Dr. Gene Rudd or Dr. Al Weir. Sessions covered are: Marriage & Family, Our Spiritual Foundation, Our Testimony, Developing Your Character, Clinical Practice, Managing Money, Practice of Compassion, Missions, Ethics, and What in this World is a Christian Doctor?
RECOMMENDED BOOKS

A list of recommended books that can be used to stimulate discussion but you will need to create your own discussion questions. They can be obtained from CMDA Student Life or from Amazon.

**Intelligent Design (Universe & Human Body)**
- *Signature in the Cell* – Meyer
- *Intelligent Design* – Demski / Behe
- *Darwin’s Black Box* – Behe
- *Reason in the Balance* – Johnson
  - *More Than Meets the Eye* – Swenson

**Ethics**
- *Medical Ethics and the Faith Factor* – Orr
- *Biotechnology & the Human Good* – Mitchell
- *Moral Choices: An Introduction to Ethics* – Rae
- *The Cost of Choice* – Bachiochi

**Medical & Dental Missions**
- *Jesus, MD* – Stevens
- *Don’t Let the Goats Eat the Loquat Trees* – Hale
- *On The Far Side of Liglig Mountain* – Hale

**The Christian in Healthcare**
- *Gray Matter* – Levy

**Evil & Suffering**
- *Deliver Us from Evil* – Zacharius
- *Unspeakable* – Os Guinness
- *Where Is God When It Hurts?* – Yancey
- *Making Sense Out of Suffering* – Kreeft

**Evangelism & Discipleship**
- *Connecting With Muslims* – Masri
- *Radical* – Platt
- *Going Public with Your Faith* – Larimore & Peel
- *Ordering Your Private World* – MacDonald
- *The Jesus I Never Knew* – Yancey
- *What’s So Amazing About Grace* – Yancey
- *Knowing God* – JL Packer

**Apologetics**
- *I’m Glad You Asked* – Boa & Moody
- *Total Truth* – Pearcey
- *Why Should We Believe Anything At All* – Sire
- *Can Man Live Without God?* – Zacharius
SUGGESTED SPEAKER TOPICS

Patient Issues
Fearfully & Wonderfully Made
Doctor / Patient Relationship
Dealing with Death: A Pastor’s Perspective
Dealing with Death: A Doctor’s Perspective
Sharing Christ with a Patient
Empathy, Compassion and Patient Care

Healthcare Missions
Providing Healthcare in the Developing World
Orthopedics Without X-Rays and Other African Adventures
Health Care for the Underserved

Evangelistic
If I Did It Over Again, What Would Be Different?
Finding Direction in a Directionless World
Who is Christ?

Family Issues
Balancing Personal & Professional Life
The Medical & Dental Marriage: Panel
To Nanny or Day Care that is the Question
Resident Life
Prayer and Healing

Introduction To Medical & Dental Training
Surviving Training: Student Perspective - Student Panel
Surviving Training: Doctor Perspective - Faculty Panel
Priorities: Managing Your Time
Medicine/Dentistry: Career or Calling?

Training Issues
Why Haven’t I Burned Out Yet?
The Medical & Dental Mistress
Women in Medicine & Dentistry
When Surgery Fails or the Patient Dies?
Medical / Legal Issues
Spirituality in Medicine
Ethical Decision Making

World Views & Culture
Science and Religion: Are They Compatible?
Can an Intelligent Person Believe the Bible?

Controversial Issues
Beginning of Life Issues
End of Life Issues – Physician-Assisted Suicide
Christian Perspective on Human Sexuality

Pain & Healing
The Problem of Pain: A Patient’s Perspective
The Problem of Pain: A Biblical Perspective