

Book Review- Julie Vincent of Side By Side-Detroit

Sacred Influence

How God Uses Wives to Shape the Souls of Their Husbands

Author: Gary Thomas

16 Chapter book with discussion questions for each chapter in back of book

Zondervan, copyright 2006

(Thumbs Up rating)

Sacred Influence is a book written for women by a man, offering an inside perspective to understanding how men think, feel, and work. The book is split into three different parts to address several key areas that can impact marriage and spiritual health. The first part focuses on the wife and her role in a marriage makeover with chapters titled “The Glory of a Godly Woman,” “The Strength of a Godly Woman,” and “Be Worthy of Me.” The second part of the book discusses how to create a climate for change in a marriage. Finally, the third part of the book addresses common problems in marriage such as anger, home involvement, busy schedules, passion, infidelity, and a non-believing husband.

I felt like this book offered a thought-provoking, scripturally based approach to improving marriage and supporting our husbands in their spiritual growth. The book contains all of the scripture and is an “easy read.” The back of the book contains discussion questions for each chapter that provide good material for facilitating the group’s discussion time. The material was interesting and offered a unique and valuable perspective to understanding our husbands and suggested a practical point of view to relating to our men. The only thing I felt was lacking was hands-on, applicable advice for women to put into action. Of course, every person’s situation is different, which would make specific advice difficult. Our group seemed to enjoy the book and it seemed to resonate with everybody in the Bible study. This was a great study for a group of women who did not have a lot of experience with Bible study. There was no homework and everybody could relate to the material. I would recommend Sacred Influence for other groups.