



RESIDENT & FELLOW COMMUNITY

National Resident & Fellow Council Quarterly Newsletter – Winter 2018



You've persevered through some very difficult times in medical or dental school—not only academically but personally—having sacrificed comfort and perhaps easier living for the dream of becoming a doctor. And now you are one! So what's next?

Well, we've been exactly where you are. And as fellow believers, we want to encourage you during your residency and fellowship and let you know we're here for you in the months and years to come.

That's what CMDA's National Resident & Fellow Council (NRFC) is all about. As a ministry of CMDA, the NRFC is a resident-driven ministry designed to connect, mentor and empower Christian residents and fellows just like you to:

- Live out their faith authentically
- Influence the culture of healthcare
- Unite with other Christian residents and fellows for enduring fellowship
- Shape the future of CMDA

All residents and fellow members of CMDA are invited to join us, so visit www.cmda.org/nrfc for more information to get involved.

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CMDA News for Residents and Fellows



Remedy

Register now for the Remedy Medical Missions Conference March 23-24, 2018 in Orlando, Florida. There is a discount for resident registration. Includes workshops on ministry to Muslims, dentistry, justice and more!



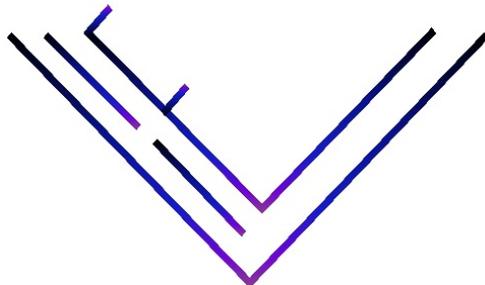
2018 CMDA National Convention

This year's National Convention will again be held at Ridgecrest Conference Center in Ridgecrest, North Carolina on April 26-29, 2018. There are resident and student discounts for registration and housing. Some of the highlights of the convention are the VIE Poster Session, LifeSkills Institute, NRFC meeting and Ultimate Frisbee Challenge. We can't wait to see you there!



CMDA Ministry Highlight: Specialty Sections

Did you know CMDA has subsections for different specialties? These groups often meet at their professional organization meetings as well as at the CMDA National Convention. Specialties include surgery, dermatology, plastic surgery and psychiatry.



Second Annual VIE Poster Session

This academic poster session will be a feature of this year's National Convention in April. We are looking for clinical vignettes, case reports, literature reviews and primary research in fields such as medicine, dentistry, spirituality, etc. Abstracts can be submitted online and are due February 28, 2018. Prizes will be awarded based on visual and oral presentation as well as research quality. This is often time a great way to convince your program to allow you to attend the National Convention and often times they will even pay for you to be able to present.

Upcoming Events

Visit the [CMDA Calendar](#) for a full listing of all upcoming events.

- [CMDA Marriage Enrichment Weekend](#) – February 23-25, 2018 in Albuquerque, New Mexico
- [Remedy Medical Missions Conference](#) – March 23-24, 2018 in Orlando, Florida
- [CMDA National Convention](#) – April 26-29, 2018 in Ridgecrest, North Carolina

- [Emerging Leaders in Dentistry Symposium](#) – June 22-24, 2018 in Bristol, Tennessee

Upcoming Mission Trips

Visit the [GHO Trip Calendar](#) and the [MEI Trip Calendar](#) for a full listing of upcoming trips.

- [GHO: Haiti](#) – March 10-17, 2018
- [GHO: Dominican Republic](#) – March 17-25, 2018
- [GHO: Nicaragua](#) – April 14-22, 2018
- [MEI: Cuba](#) – May 16-27, 2018

God At Work

It Isn't Fair!

by Mark Sah, DO

I was on inpatient weekend call and saw a patient's name on the list that I had seen a few times as an outpatient. During our visits I learned he was a Christian. He was in his 60s and had been diagnosed with cancer a year earlier. When I entered the room, it appeared he was angry. He said, "Doc, it isn't fair. I never smoked or drank. I lived life the right way. Why me?"

How would you respond?

A memory from 20 years earlier flashed through my mind. My wife and I were in the Garden of Gethsemane. A few of the olive trees there are thought to be more than 2,000 years old. Perhaps Jesus leaned against one when he begged, "Abba, Father, all things are possible to you. Please remove this cup from me. However, not what I desire, but what You desire" (Mark 14:36, NHEB). This was not fair. Not only was Jesus, who was perfect, about to suffer physical death, but He would bear the sins of the world as well. But He did it so something else that is not fair could happen in our lives. That sinners could be forgiven, and spend eternity in right relationship with God.

My response was not from an Empathy 101 class. But I already had a relationship with this patient. I told him the truth: The Bible promises many things, but it never promises that life will be fair. In fact, I was glad it is not; because if it were I would spend eternity in hell, where I deserve. But thanks to the sacrifice of Christ on the cross, and His resurrection, I won't get what I deserve. Praise God!

As physicians, when we put on our white coats many in society somehow think we know all or can heal all. But nothing is further from reality. The truth about our patients is that despite our best efforts, they will all eventually die.

However, as Christian physicians, we are in a unique position to speak truth and love into our patients' lives. While we may not be able to guarantee temporary healing, we are able to offer eternal hope. To not do so would be a tragedy and violate our duty of caring for our patient's mind, body and spirit.

My patient was initially surprised when I told him I was grateful life wasn't fair. But once he shifted his focus from his temporary illness to the gift of eternal salvation, he too was praising God that indeed life isn't fair.

Prayer Requests

1. After-graduation plans
2. Upcoming match day
3. We would be salt and light

Send your prayer requests to nrfc@cnda.org.

Your Story

Has God been working your life? We would love to hear about it and share it in the newsletter. Just send a short description to nrfc@cnda.org.

Campus & Community Ministries

A Ministry of Christian Medical & Dental Associations

P.O. Box 7500, Bristol, TN 37621

Toll Free: 888-230-2637

nrfc@cnda.org



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