

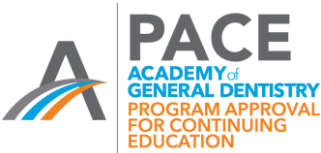


**CMDA Life & Leadership Coaching
Foundations for Coaching
September 17-18, 2019
Mobile, AL**



Accreditation The Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit The Christian Medical & Dental Associations designates this educational activity for a maximum of **12 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.



Dental Credit

Christian Medical & Dental Associations
Nationally Approved PACE Program Provider for FAGD/MAGD credit.
Approval does not imply acceptance by any regulatory authority or AGD endorsement.
1/1/2019 to 12/31/2022
Provider ID#218742

12 Lecture Hours Available.

No prior level of skill, knowledge, or experience is required (or suggested)

Course designed for physicians and dentists and other healthcare professionals

Objectives:

- Define coaching
- Describe the difference between coaching and other helping professions
- Identify the top challenges for healthcare professionals
- Identify applications of coaching in the life of a healthcare professional
- Describe the characteristics of a coaching conversation
- Observe and evaluate a live coaching session
- Define active listening
- Identify barriers to active listening
- Define the characteristics of a powerful question
- Utilize statements that express understanding and encouragement
- Identify the characteristics of a concise message
- Define the purpose of delivering a concise message
- Practice the use of coaching skills
- Identify individual characteristics that make for a good coach
- Assess personal preparedness to be a coach
- Discuss the purpose of using a coaching model
- Select a coaching model for personal use
- Define the concept of limiting beliefs
- Identify several models that can help a client gain new awareness
- Describe excellent coaching skills
- Describe poor coaching skills
- Identify next steps in the application of newly learned coaching skills

Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
September 17, 2019			
9:00 am – 10:00 am	Coaching – Definition & Distinctions	Tsen	1
10:30 am – 11:00 am	The Coaching Context	Tsen	0.5
11:00 am – 11:30 am	The Coaching Process	Tsen	0.5
11:30 am – 12:00 pm	Coaching Demo	Tsen	0.5
1:00 pm – 2:00 pm	Coaching Skills - Part 1	Tsen	1
2:00 pm – 3:00 pm	Coaching Skills – Part 2	Tsen	1
3:30 pm – 4:00 pm	Coaching Skills – Part 3	Tsen	0.5
4:00 pm – 5:00 pm	Skills Lab	Tsen	1
September 18, 2019			
9:00 am – 9:30 am	Being a Coach	Tsen	0.5
9:30 am – 10:00 am	Coaching Models – Part 1	Tsen	0.5
10:30 am – 11:00 am	Coaching Demo	Tsen	0.5
11:00 am – 12:00 pm	Skills Lab	Tsen	1
1:00 pm – 2:00 pm	Coaching Models – Part 2	Tsen	1
2:00 pm – 3:00 pm	Skills Lab	Tsen	1
3:30 pm – 4:30 pm	World Café	Tsen	1
4:30 pm – 5:00 pm	Wrap-Up	Tsen	0.5
TOTAL CE			12.0

Disclosure

As a sponsor accredited by the ACCME, the Department of Continuing Education of Christian Medical and Dental Associations, must insure balance, independence, objectivity, and scientific rigor in all its sponsored educational activities. All faculty and planning committee members participating in this CME Symposium were asked to disclose the following:

1. The names of proprietary entities producing health care goods or services, with the exemption of non-profit or government organizations and non-health related companies with which they or their spouse/partner have, or have had, a relevant financial relationship within the past 12 months. For this purpose, we consider the relevant financial relationships of your spouse/partner that they are aware to be theirs;
2. To describe what they or their spouse/partner received (ex: salary, honorarium etc.);
3. To describe their role;
4. To disclose that there was no relevant or financial relationships.

Course Director, Speaker Names, CMDA staff, CMDA/CME Committee and Planning Committee Members	Name of the Commercial Interest	The Nature of the Relationship the Person has With Each Commercial Interest (speaker, stocks, speakers' bureau, clinical trials)	I do not have Any relevant financial relationships with any commercial interests	Conflict Resolved	I intend to discuss off-labeled investigation use(s) of drug(s) or device(s) in my presentation
PLANNERS					
Cobb, DDS, Stan	NONE	NONE	NO	NA	NA
Jones, PCC, Ken Activity Coordinator	NONE	NONE	NO	NA	NA
Sartori, MD, ACC, Steve Activity Director	NONE	NONE	NO	NA	NA
Tsen, MD, ACC, Ann	NONE	NONE	NO	NA	NA
Barbara Snapp – CE Administrator	NONE	NONE	NO	NA	NA
Sharon Whitmer, EdD, MFT	NONE	NONE	NO	NA	NA
CE Committee Members	NONE	NONE	NONE	NONE	NA
FACULTY					
Tsen, MD, ACC, Ann	NONE	NONE	NO	NA	NO

The **CMDA CE Review Committee** of John Pierce, MD, Chair; Jeff Amstutz, DDS; Mike Chupp, MD; Lindsey Clarke, MD; Stan Cobb, DDS, (recused); Jon R. Ewig, DDS; Gary Goforth, MD; Elizabeth Heredia, MD; Curtis High, DDS; Bruce MacFadyen, MD; Dale Michels, MD; Shawn Morehead, MD; Michael O'Callaghan, DDS; Jonathan Spenn, DMD; and Richard Voet, MD do not have any relevant financial relationships with any commercial interests.

THERE IS NO IN-KIND OR COMMERCIAL SUPPORT FOR THIS ACTIVITY