

***Prescription for the Doctor's Wife***

12 Chapters

By Debby Read with Sue Addington

Published by Book Villages

This book is a great resource for wives married to doctors, residents, and medical students. The author, Debby, shares wisdom she has gleaned from her 40+ year marriage to her high school sweetheart, along with the challenges she faced as a new wife with a husband in medical school. She uses Psalm 19 to guide the reader in various ways to support her husband as well as to grow in her relationship with the Lord. The chapters can be somewhat long, but are an interesting read as they are filled with stories from Debby and other medical wives. Each chapter ends with a “prescription” that acts as an action step for putting the scripture into practice. Some young women have found some of the concepts a bit old-fashioned, but whether you agree with everything in it or not, it provides food for thought on how to sacrificially love your spouse. One of my favorite quotes from the book was, “God has called us to be a doctor’s wife just as He has given our husbands the call to be a doctor. They are both high callings...How critical it is to see the vision to serve God together through the ministry of medicine—supporting and encouraging one another in the journey.” The book comes with a study guide in case you would like to read it with a group. But whether with a group or alone, it is sure to encourage you as you seek ways to love and support your medical husband.